

Ask the EXPERT SERIES

University of Maryland Shore Regional Health has announced several dates in April and May for its "Ask the Expert" series offered throughout the region. "Ask the Expert" offers area residents access to the most current information on relevant health care topics.

UPCOMING EVENTS

Palliative Care and Advance Care Planning

► Tuesday April 19, 2pm

Sharon Stagg, DNP, MPH, Nurse Practitioner
UM Shore Regional Health Palliative Care Program
The Talbot County Senior Center at Brookletts Place
400 Brookletts Avenue, Easton

► Wednesday, April 20, 1pm

Lakshmi Vaidyanathan, MD, Medical Director
UM Shore Regional Health Palliative Care Program
Heron Point of Chestertown, Barrack Conference Room
501 E. Campus Avenue, Chestertown

► Thursday, April 21, 1pm

Joseph O'Neill, MD
UM Shore Regional Health Palliative Care Program
Caroline County Public Library
100 Market Street, Denton

► Wednesday, May 4, 1pm

Lakshmi Vaidyanathan, MD, Medical Director
UM Shore Regional Health Palliative Care Program
Cambridge MAC Center
2540 Cambridge Beltway, Cambridge

► Tuesday, May 17, 1pm

Sharon Stagg, DNP, MPH, Nurse Practitioner
UM Shore Regional Health Palliative Care Program
Grasonville Senior Center
4802 Main Street, Grasonville

Living a Healthy Life with Diabetes

► Tuesday, April 26, 1pm

Mary King, RD, LD, CDE, Diabetes Educator
UM Center for Diabetes and Endocrinology
Heron Point of Chestertown, Wesley Hall
501 E. Campus Avenue, Chestertown

► Tuesday, May 10, 3:30pm

Doris Allen, BSN, RN, CDE, Lead Diabetes Educator
UM Center for Diabetes and Endocrinology
Caroline County Public Library • 100 Market Street, Denton

Stroke Signs, Symptoms, Treatment and Recovery

Jessica Fluharty, BSN, RN, FNE-A, Neuroscience Specialist and Stroke Coordinator, UM Shore Medical Center at Easton

► Wednesday, April 27, 1pm

Grasonville Senior Center • 4802 Main Street, Grasonville

► Tuesday, May 3, 1pm

Cambridge MAC Center
2540 Cambridge Beltway, Cambridge

Falls Prevention

Kelly Marchetti, MSPT, Clinical Specialist, Shore Rehab at Cambridge

► Wednesday, May 11, 1pm

Cambridge MAC Center • 2540 Cambridge Beltway, Cambridge

► Wednesday, May 18, 2pm

The Talbot County Senior Center at Brookletts Place
400 Brookletts Avenue, Easton

All events are **FREE** and open to the public. Registration is requested. Attendees are asked to RSVP to **Cathy Wright, 410-822-1000, ext. 5222, or email Cathy.Wright@umm.edu.**



UNIVERSITY of MARYLAND
SHORE REGIONAL HEALTH